



## MDAA Spring Newsletter 2018

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### President's Message



Welcome alumni to our Spring newsletter. We are pleased to let you know what's been happening since last Fall's issue AND to let you in on one of our latest special projects and perhaps you would like to contribute to it as well.

We are currently doing research in order to write the history of Mount Douglas High/Secondary School, 1931 - present. Such a book has never been written and we have two experienced authors now willing to take the lead in this exciting undertaking. They will need contributions and help from you alumni - both staff and students. So please think about it, and then contact us if you have a story or highlight of your years at Mount Doug that you feel would be of interest in the book. We hope to have it

finished by 2020 (in only 2 years) in order to advertise and take orders for sales in MD's 90th anniversary year, 2021. The proceeds will be directed to our student bursary fund. Look for more details further into this newsletter.

Meanwhile, kick back, grab a "cuppa" and enjoy digesting this issue.

Wendy Gedney  
MDAA President

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### Principal's Message

Dear Alumni;

Once again I would like to begin by thanking you for all your support as well as keeping engaged with your school, Mount Douglas Secondary School. It always amazes me the number of alumni I come across who have a genuine sense of pride and fondness for being part of our school. I would also like to thank our dedicated Mount Doug Alumni Association for all of their tireless work; whether it is supporting the various reunions, organizing anniversary events, maintaining school archives or simply supporting the various present day school events, this wonderful group of individuals puts in countless hours for all of our benefit.

As spring is upon us and we are well underway in planning for next year, it is a good time to reflect on some of the amazing accomplishments of our students. In the area of athletics, our football program continues its tradition of excellence, finishing in the top four provincially. Mount Doug is recognized as the #1 high school football program in the province and is consistently vying for a provincial championship; further, many of our student athletes are earning scholarships to universities across Canada as well as south of the border. This year our women's field hockey team also took another step



as an emerging provincial powerhouse, earning a fourth place finish at the provincial tournament. In academic competitions, Mount Doug students continue to amaze; this year our Math Challengers not only took the Island Championship but also the top seven finishers were all Mount Doug students.

After Spring Break, the excitement and energy in our building grows as our Grade 12 students participate in a number of events leading to their June convocation ceremony. Please check out the school's website for a variety of upcoming events, including this year's Musical Theatre performance of Grease.

Thank-you once again for being part of our community and for supporting our school and students.

Shawn Boulding  
Principal, Mount Douglas Secondary School

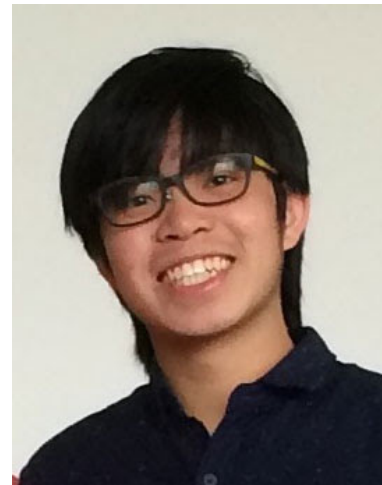
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### **SPOTLIGHT on our Len Michaux Fine Arts Bursary Winner**

Justin Lo, class of 2017, was awarded the MDAA Len Michaux Fine Arts Bursary in June of last year. We recently caught up with Justin at UVic where he is studying theatre production and management. Justin expressed his appreciation for the bursary which he has applied to his tuition and textbooks. Justin continues to dream big and one day hopes to start his own production company and put on shows for big name theatrical organizations.

For now, Justin's favourite class is Theatre 105. He enjoys the hands on approach of the class which focuses on the production side of theatre and includes costumes, scenic construction, and lighting. He is also grateful that this type of course work does not require the multitude of textbooks required by some of his former classmates now pursuing degrees in math and science programs.

When reflecting on his time at Mount Doug, Justin feels that some of his fondest memories were serving on the student leadership council and meeting inspiring people in the program. Justin wanted to give special credit to Ms. Taylor, an advisor teacher for the leadership program and a sponsor teacher for the MUN (Model United Nations), a club that Justin and his colleague started while at Mount Doug. Ms. Taylor was and continues to be an inspiration for Justin; he credits her as a motivating factor in shaping who he is today and pursuing what he loves to do.



Justin wanted to thank the Mount Doug Alumni Association for awarding the bursary and expressed that it has really helped him financially. We wish Justin continued success and are pleased to have him on our MDAA board of directors!

- by Dustin Marnell

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### **Our Feature Alum -**

Alex Anthony, a 2009 Mount Douglas alumnus, is a name in the news that many alumni will already be familiar with. Alex has received a number of recent accolades from his accomplishments in pursuing two of his greatest passions – football and film making. The MDAA recently caught up with Alex to discuss his recent successes.

Alex, who is a sports fanatic, always had an interest and talent in football. While a student at Mount Douglas, he was a star football player with the Rams. At the post-secondary level, while studying kinesiology, he continued playing football, now for the Wilfred Laurier Golden Hawks. Following university, more accomplishments followed. In 2013 he was drafted by the Saskatchewan Roughriders

of the CFL. In that same year he reached the pinnacle of Canadian football, winning the 101st Grey Cup with the Roughriders as a receiver. Alex left football as a player in 2015.

Following the end of his days as a player, Alex was able to pivot from being a player to continue his career in football as a video producer. For the past two seasons, Alex has been the Video Production Specialist for the Toronto Argonauts, focusing on cinematic storytelling and documenting the journey of the Argos players on and off the field. On a snowy night in Ottawa this past November, the Argonauts captured the 105th Grey Cup, and Alex won his second CFL championship, this time as part of the Argonauts staff.

Alex's skills as a Video Producer are not limited to just football; he loves creating and sharing all types of compelling stories through video. His unique talents and ability to capture raw emotions in his videos was awarded recently when he won \$10,000 and a trip to South Carolina from Myrtle Beach Golf Holiday for his short video titled The Drive. His family and friends surprised him with a congratulations party in Victoria.



Alex recently accepted a new job to join the Shopify Studios team in Toronto as a video producer. He will also continue to work for his own company, Alex Anthony Productions, creating for a client list of well-known names like TSN, Canadian Olympic Committee and MLSE. Well done, Alex - MD '09 Alum!

- by Dustin Marnell

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**Gone But Not Forgotten** - (since our Fall '17 Newsletter) -

1. Robin McRae Walkinshaw '46 - d. October '17
2. Lois Pynn '45 - d. November '17
3. Jack Griffiths '46 - d. November '17
4. Chris Thornton '78 - d. December '17
5. Ron Smith '48 - d. December '17
6. Margaret Lifton Kenning '41 - d. December '17
7. Gordon MacKay '67 - d. December '17
8. Danny Fedrigo '84 - d. December '17
9. Brian Thorne '73 - d. December '17
10. Marianne Lea Knudsen '62 - d. February '18
11. Lynda Gower Dickie '62 - d. February '18



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**Happy 150th birthday, Canada!**



We celebrated Canada's 150th birthday with cake for MD staff and students. On Monday, November 20th, four of our MDAA board members engaged in a fun lunch time project busily handing out cake and chatting with the staff and students at the school.





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### **Reunions this year - (that we know about)**

MD Class of 1978 will gather for their 40th on August 4, 2018 at the Royal Victoria Yacht Club - details on MDAA website - KM

MD Class of 2008 contact Chris Bauer - see FaceBook page - <https://www.facebook.com/groups/1327605100694871/>

If your class is having a reunion this year, send the info to our [webmaster](#) to put on our website under Reunions for all alumni to see.

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### **MDSS Spring Musical**

# Mt. Doug Musical Theatre Presents



Book, Music and Lyrics by Jim Jacobs and Warren Casey  
Movie Songs by arrangement with Robert Stigwood.

Music Direction  
Doug Awai

Stage Direction &  
Choreography  
Rachel Moss

Technical Direction  
Steve Price

April 26, 27 & 28 @ 7:00 pm

Matinee April 28 @ 2:00 pm

All performances at Dave Dunnet Theatre, Oak Bay

Tickets: \$15 adults \$12 seniors & students  
available at Mt. Doug School

250-477-6977 or e-mail

[m.d.musicaltheatre@gmail.com](mailto:m.d.musicaltheatre@gmail.com)

"Grease" is presented by special arrangement with SAMUEL FRENCH, INC.

The February 24th MD Sock Hop put on by the MD Musical Theatre Department was such a fun event! A great live band with MD theatre director Rachel Moss singing the 50's and 60's music... some students and alumni in authentic costumes from the era and our MDAA Soda Shoppe for refreshments



to boot. A great tease for their **Grease Musical** coming up this month! A must see! Get your tickets to this toe-tapping show. See below. More Sock Hop photos on our MDAA Facebook page.

**Mark your calendars for the MDSS Spring Musical - April 26-28th - GREASE!**

Get your tickets now at MDSS

via email:

[m.d.musicaltheatre@gmail.com](mailto:m.d.musicaltheatre@gmail.com)

or on this website:

<https://sites.google.com/site/mtdougboxoffice/>

Best to do ticket buying online especially for special seating requests. See the poster for details - only \$15 for adults \$12 for seniors & students.

MDAA will be selling flowers for the cast and some snacks for all as well. Proceeds to our MDAA Bursary funds.



#### ATTENTION ALL MOUNT DOUG ALUMNI!

For our MD HISTORY BOOK - Can you help us? We are looking for highlights or short stories of favourite times from your years at MD. What stands out in your mind? A big event? A special teacher and why? Email your thoughts/info with your name and grad year to one of our two co-authors: Sharon Hope <[sharonhope@shaw.ca](mailto:sharonhope@shaw.ca)> if you were at MDHS Sept 1931 - June 1970 or to Paula Johanson <[paula.johanson@gmail.com](mailto:paula.johanson@gmail.com)> if you were at MDSS Sept 1970 - to present day. Thanks for your stories, and stay tuned.

This special book will be available for purchase before and at the MD 90th Celebrations in 2021 as a fundraiser for our student bursaries fund. We look forward to hearing from you soon! Also, if you'd like to help on the Book Committee, let us know at: [wgedney@telus.net](mailto:wgedney@telus.net)

- from your MD BOOK committee - Sharon Hope '62, Paula Johanson '78, Wendy Gedney '67, Fran Thomas '64



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### Donate to the Mount Doug Alumni Association

Please consider making a donation to the Mount Doug Alumni Association. The simplest way is to go to the [website](#) and click on the donation button. You can make your donation securely online via the Canada Helps website.

If you would rather make a donation by cheque then you can use our donation form, please click here to [download a pdf](#) of our donation form which you can print, fill out and send it in the mail.

Thanks for supporting our Alumni Association and our students!

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### Mount Doug Alumni, you are invited to our ANNUAL GENERAL MEETING

Wednesday, May 16th, 2018 at 7 pm in the MD Secondary School School library, [3970 Gordon Head Road](#).

Come see what we have done over this last year and what our projects are for this coming year. We'd love you to join us on some of them. Bring an MD alum friend with you.



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### Business Listings/Directory

Are you in need of a service, be it for you - health, esthetics, legal, real estate, vacations ... - or for your dwelling - repairs, renovations? Then visit our MD Alumni in our Business Listings section of our website. Their business can assist you, fellow alumni. ALSO, you can add a business on that link - FREE of charge. Visit ... [www.mountdoug alumni.com](http://www.mountdoug alumni.com) and click on one the Business Listings links

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**Our Newsletter Committee:** Wendy Gedney '67, Dustin Marnell '98, Paula Johanson '78 & proof-reader, Dianne Gillespie, retired MD teacher 1988-2006

### On behalf of our MDAA board of directors:

Honorary President - David Foster '67  
President - Wendy Gedney '67



Vice President - Kirsten Mawle '78

Secretary - Kelly Orr '78

Treasure - Rod Lindquist '02

Directors:

Bill Conconi- teacher '71-'02

Ross Morgan '68

Dustin Marnell '98

Justin Lo '17

Chris Bauer '08

Greg Arnott '83