

Sheila Joy (Truss) LINDAL

Obituary



LINDAL, Sheila Joy (neé Truss) December 1, 1971 - June 27, 2013 Passed away peacefully on June 27, 2013 and is survived by her husband, Mark, step-daughter Stephanie, parents Dennis and Dianne Truss, father-in-law Vic Lindal; sister Dawn Truss, brothers-in-law Dean Lindal (Kristen) and Darren Lindal (Marile), sister-in-law, Andrea Adams, nephews Ryan Truss, Josh, Zack, Aiden, Ben and Brody Lindal, and Jeffery Adams, nieces Larissa and Tasha Adams and Rayne Lyall, uncles and aunts Tom and Cynthia Suffield, and Gina Porth, and cousins Trevor and Kristin Suffield, Laural Porth-Jones and Greg and Brock Porth.

Sheila was a wonderful, compassionate person who spent her life brightening every room she entered with her smile and warmth. She wants everyone to know she is not in pain and is resting comfortably and waiting for the resurrection. She accomplished a lot in her 41 years, and will be missed, and fondly remembered. She was a strong pillar in the Victoria Revival Fellowship Church, and was always quick to offer anyone prayers and spiritual support even as she struggled physically.

She earned degrees in Social Work and Arts (Psychology major) from the University of Victoria. During her working career, she keenly cared for her clients as a service agent at Veteran's Affairs in Victoria until she retired last year.

Sheila enjoyed traveling and put her talents to work in several countries through her church and volunteer work with Canadian Crossroads International.

Sheila loved music and was a talented pianist. She had a passion not only for friends and family, but clients and everyone she met. She always saw the good in people and wanted to support and encourage them in everything they did. In life, she taught us so much and in death, she has the ultimate victory.

A celebration of Sheila's life will be held at McCall Bros. Downtown on Johnson and Vancouver Streets on Friday, July 5 at 1:00 pm. In lieu of flowers, donations may be made to the Heart and Stroke Foundation. Condolences may be offered to the family at www.mccallbros.com.

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