

Elizabeth Mary Pollard

1942 - 2026



Elizabeth (Buff) Pollard passed away peacefully at home in Victoria, BC, surrounded by family, on February 16, 2026 (Family Day).

Her life is celebrated by her loving husband and best friend of more than 50 years, Michael; her daughter, Sarah; son, Christopher (Sambriddhi); grandson, Gus; and granddaughter, Anusha. Elizabeth is also cherished by extended family, including cousins, nieces, and nephews, and a wide circle of friends. She was predeceased by her brother, George Fuller, and by her beloved parents, Cyril and Mary Fuller.

Born in Tredegar, Wales, and raised in Victoria, Elizabeth understood the purpose of life and lived authentically through that lens. No time to waste on the trivial, she was a cheerleader for the people she loved and generous to friends and strangers.

Strong, gentle, and fiercely empathetic, she was a dedicated SD61 teacher (Special Education) who inspired and nurtured countless students and colleagues - seeing kids for their unique strengths rather than stopping at their challenges.

Always rooting for others, she knew just how precious life is - that, ultimately, who you love and who loves you is all that matters. She often confided that there was nothing she would change: best husband, 'decent' kids, light-of-her-life grandkids, incredible friends and neighbours, meaningful career,

adventurous travel, a home and garden she adored, and passions that kept her learning - whether pursuing further education, trying a new asana, or taking up ballroom dancing. 'Small-but-mighty', you'd often find her on the cable machine or bike at the YMCA-YWCA, chatting with friends between sets or welcoming tentative newcomers (no one was left behind on her watch).

If you were in her orbit, she was your biggest fan - your wins were hers. (How do you say "thank you" to a mom/ wife/ daughter/ sister/ cousin/ teacher/ friend like that?) The gap she leaves behind is immense but we know she'd want us to fill it with love and care for one another. We're so lucky to have had her as a guiding light at the centre of our lives, where she'll remain.

We would like to express our deep gratitude to Dr. Tim McKay, and to the Community Health Services and Home Oxygen teams at the Vancouver Island Health Authority (VIHA), in their compassionate care for Elizabeth in recent years.

In lieu of flowers, the family asks friends and loved ones to honour Elizabeth by sharing stories, laughter, and favourite memories with one another - and by contributing even more kindness to the world.

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